



IT'S EASIER THAN YOU THINK!

May 29th

St. Charles Medical Center Commute Options Clinic: 11:30 A.M. to 2:30 P.M. Tips from the experts.

May 31st

No Frills Century Ride: Contact Sunnyside Sports.

June 1st to 7th Commute Options Week

All Week

Free flashing tail-light with every tune-up at Hutch's Bicycle Shops.

C.O.C.C. Campus Shuttle: Extended route through Bend. Call 383-7783.

Monday

Commuter Race; Bike vs. Car vs. Carpool: 8:00 A.M., Downtown Bend. Central Oregon Wheelers.

Park and Ride lot ribbon cutting: 2:00 P.M., Oregon Department of Transportation.

Tuesday

Dan Burden of Walkable Communities, Inc.: Nationally recognized authority on designing pedestrian & bicycle friendly communities. "Walking breakfast" through downtown with Dan and the Bend Downtowners, 8:00 A.M., Cafe Paradiso. Evening presentation & slides, 7:00 P.M., Bend Armory.



Wednesday

Dan Burden of Walkable Communities, Inc.: Three presentations in Madras. Contact: Gerald Breazeale 475-2622.

Big Cog Award Presentations: 10:00 A.M., Deschutes County Commission.

Thursday

Telework Seminar: 3:00-4:30 P.M., OSU Extension Office in Redmond.

Friday

Emergency bicycle repair clinic: 6:00 P.M., Sunnyside Sports.

Saturday

Commute Options Fair: Riverfront Plaza, Bend. 1:00 to 6:00 P.M. Music, Kids Safety City, Food, Fun, Bicycle Safety Checks, & Prizes!

Sunday

Commute Options to Church.

JUNE 9th

Reception & Awards Ceremony: 5:30 P.M., Central Oregon Environmental Center.

The Oregon Department of Transportation encourages your participation to reduce congestion, especially during parkway construction.

Commute Options Week is a project of the Central Oregon Environmental Center.

For more information contact Jeff Monson, Commute Options for Central Oregon, at 330-2647.



High Desert Beverage, The Bulletin, Brooks Resources, Rising Star Futons, Redmond Chamber, Bend Area Chamber, Madras/Jefferson County Chamber, City of Madras

Pacific Power, David Evans & Associates, American Express Financial Advisors, Precision Mail Services, Inc., The Foot Zone, OSU Extension Service, Royal Blend Coffee, Pine Tavern

Prineville Chamber, Bob Thomas Chevrolet/Geo, Bradley Johnson, DMD, Sun Country Tours, LaPine Chamber, Sisters Chamber, Tenant Developments, The High Desert Forum